

# United Nations Convention on a child's right to play

**Article 31** You have the right to play and rest.

When I play, I use my imagination,  
I characterise, I explore, I discover,  
I organise, I lead, I delegate, I contribute  
and relate my ideas, I question,  
I compromise, I follow.

I work both cooperatively and independently,  
I create, I socialise, I practice caring and  
sharing, I regulate my emotions, I indulge  
my senses, I re-enact my experiences  
and tell stories through games. I negotiate  
and problem solve.

I am making sense of my world  
and my place in it.

I AM LEARNING THROUGH PLAY  
FOR I WILL MAKE A DIFFERENCE  
ONE DAY.



**Meerilinga™**  
promoting positive childhoods

